

Cardiac FDG - Sarcoid

If you are pregnant, may be pregnant, or are breastfeeding, contact the University Radiology office where you are scheduled.

Day Before Your Exam:

- Nothing to eat or drink for 14-18 hours prior to exam.
- Follow a no-carb, high-fat diet for the entire day prior to the exam.

You may have any of the following:

- Unsweetened beverages including water, coffee, tea, and seltzer
- Dairy products and unprocessed cheese
- Fish, meat, poultry, shellfish, and eggs
- Oils and animal fats
- Artificial sweeteners
- Sugar-free condiments and seasonings
- Non-starchy vegetables such as broccoli, tomatoes, onions, and fresh herbs

Avoid:

- All sugar
- Fruit
- Grains, bread, pasta, cereal, and rice
- Candy or gum
- Processed foods such as deli meat or processed cheese
- Starchy vegetables such as corn, peas, carrots, potatoes, and legumes

Day of Your Exam:

- **Only water with medications are allowed.**
- Arrive 15 minutes prior to your exam.
- During imaging you will be required to lie flat on your back without moving.
- Wear comfortable clothing for this exam without metal snaps, buttons, or zippers.
- Jewelry and other metallic accessories should be left at home if possible.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Speak with your referring physician's office and/or insurance company to understand your coverage and reduce possible delays.

Questions?

Call **800-758-5545**